

DECEMBER HOT & COLD BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 <ul style="list-style-type: none"> • string cheese/ cinnamon grahams/ fruit • zee zee berry apple crisp bar/ fruit • orange juice available 	4 <ul style="list-style-type: none"> • classic chicken sausage & cheddar bagel/ fruit • yogurt/ educational snacks/ fruit • blueberry muffin/ fruit 	5 <ul style="list-style-type: none"> • cheddar cheese omelet flatbread/ fruit • plain bagel/ cream cheese/ fruit • dipper doodle bar/ fruit • pineapple juice available 	6 <ul style="list-style-type: none"> • pancakes/ syrup/ fruit • zee zee cinnamon crisp bar/ fruit • lemon muffin/ fruit 	7 <ul style="list-style-type: none"> • mini apple cinnamon muffin & hard boiled egg/ fruit • cinnamon raisin bagel/ cream cheese/ grape jelly/ fruit • orange juice available
10 <ul style="list-style-type: none"> • dipper doodle bar/ fruit • yogurt/ honey grahams/ fruit • orange juice available 	11 <ul style="list-style-type: none"> • pancake bowl peach/ fruit • zee zee berry apple crisp bar/ fruit • blueberry muffin/ fruit 	12 <ul style="list-style-type: none"> • mini cheese omelet / french toast stick/ fruit • plain bagel/ cream cheese/ fruit • string cheese/ cinnamon grahams/ fruit • pineapple juice available 	13 <ul style="list-style-type: none"> • classic egg & cheese brekwich/ fruit • french toast muffin/ fruit • yogurt/ educational snacks/ fruit 	14 <ul style="list-style-type: none"> • zee zee cinnamon crisp bar/ fruit • blueberry bagel /cream cheese fruit • orange juice available
17 <ul style="list-style-type: none"> • zac omega bar strawberry/ fruit • yogurt/ cinnamon grahams/ fruit • orange juice available 	18 <ul style="list-style-type: none"> • pepper jack cheese & omelet flatbread/ fruit • plain bagel/ cream cheese/ fruit • autumn spice muffin/ fruit 	19 <ul style="list-style-type: none"> • rise & shine breakfast burrito (egg & cheese)/ fruit • dipper doodle bar/ fruit • string cheese/ cinnamon grahams/ fruit • pineapple juice available 	20 <ul style="list-style-type: none"> • french toast sticks/ fruit • yogurt/ granola/ fruit • blueberry bagel/ cream cheese/ fruit 	21 <ul style="list-style-type: none"> • pancakes/ syrup/ fruit • lemon muffin/ fruit • zee zee cinnamon crisp bar/ fruit • orange juice available
24	25	26	27	28
NEW YEAR'S EVE! 31				

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

DECEMBER LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <ul style="list-style-type: none"> pepper jack cheeseburger scoops w/ chicken & green chile cheese dip sunbutter & jelly sandwich (vg) turkey & cheese sandwich o green beans 	<p>4</p> <ul style="list-style-type: none"> five cheese lasagna (vg) crispy chicken sandwich (df) buffalo chicken wrap chicken salad sandwich (df) o garbanzo beans/ baby carrots 	<p>5</p> <ul style="list-style-type: none"> chicken sausage & cheddar eggel sandwich chicken bites mighty meaty deli combo southwest veggie wrap (vg) sandwich o steamed corn 	<p>6</p> <ul style="list-style-type: none"> uncle ted's bbq drumstick w/ cheesy rice bean & cheese quesadilla(vg) cheddar cheese sandwich (vg) honey mustard chicken wrap o baby carrots w/ ranch 	<p>7</p> <ul style="list-style-type: none"> cheese pizza (vg) oven roasted chicken sandwich (df) garden ranch salad w/ chicken sesame chicken wrap (df) o broccoli & carrot salad
<p>10</p> <ul style="list-style-type: none"> creamy chicken alfredo bbq beef flatbread melt cheddar cheese sandwich (vg) turkey & cheese sandwich o baby carrots 	<p>11</p> <ul style="list-style-type: none"> cheesy pizza bite meal (vg) hot dog (df) sesame chicken salad southwest veggie wrap (vg) o coleslaw 	<p>12</p> <ul style="list-style-type: none"> kickin chicken melt sandwich cheesy ravioli (vg) bbq chicken wrap veggie taco salad (vg) o edamame/ grape tomatoes 	<p>13</p> <ul style="list-style-type: none"> chicken teriyaki w/ brown rice (df) buffalo chicken pizza honey mustard chicken wrap cheddar cheese sandwich (vg) o chili citrus corn 	<p>14</p> <ul style="list-style-type: none"> hot meatball sub chicken marinara pasta bake santa fe chile chicken & black bean wrap sunbutter & jelly sandwich (vg) o chopped lettuce/ sliced tomatoes w/ ranch
<p>17</p> <ul style="list-style-type: none"> hearty veggie chili (vg) cheesy chicken quesadilla buffalo chicken wrap cheddar cheese sandwich (vg) o steamed carrots 	<p>18</p> <ul style="list-style-type: none"> spicy popcorn chicken sandwich ranchero beef rice bake (df) veggie chef's salad (vg) chicken salad sandwich (df) o three bean salad/ baby carrots 	<p>19</p> <ul style="list-style-type: none"> creamy tomato curry w/ grilled chicken breakfast for lunch: pancakes w/ omelet (vg) bbq chicken wrap mighty meaty deli combo sandwich o sliced cucumber 	<p>20</p> <ul style="list-style-type: none"> HOLIDAY MEAL roasted turkey, candied yams & stuffing (df) philly cheesesteak sandwich sunbutter & jelly sandwich (vg) chicken caesar wrap o steamed corn 	<p>21</p> <ul style="list-style-type: none"> flame broiled beef cheeseburger hot dog (df) chicken salad sandwich (df) southwest veggie wrap (vg) o broccoli florets w/ ranch
<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p>
<p>NEW YEAR'S EVE! 31</p>				

HAPPY HOLIDAYS!

Bring on the holidays with our warm and hearty seasonal **Roast Turkey & Stuffing** meal: thick-cut turkey paired with savory stuffing, sweet mashed yams, and homemade gravy.

Look for it on the menu on **12/20!**



Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o **Vegetable** of the day

DECEMBER NSLP SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • educational snacks/ fruit	4 • cinnamon grahams/ fruit	5 • string cheese/ fruit	6 • honey grahams/ fruit	7 • goldfish pretzels/ fruit
10 • string cheese/ fruit	11 • honey grahams/ fruit	12 • educational snacks/ fruit	13 • cinnamon grahams/ fruit	14 • rf honey wheat crackers/ fruit
17 • honey grahams/ fruit	18 • educational snacks/ juice	19 • yogurt/ fruit	20 • string cheese/ fruit	21 • cinnamon grahams/ fruit
24	25	26	27	28
NEW YEAR'S EVE! 31				

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our *new* website at revolutionfoods.com

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.