

JANUARY HOT & COLD BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2	3	4
		• No School	• french toast sticks/ fruit • plain bagel/ cream cheese/ fruit	• yogurt / educational snacks/ fruit • string cheese/ cinnamon grahams/ fruit • orange juice available
7	8	9	10	11
• corn chex/ educational snacks/ fruit • zee zee cinnamon crisp bar/ fruit • orange juice available	• blueberry bagel/ cream cheese/ fruit • banana muffin/ fruit	• pancake bowl strawberry • yogurt/ granola/ fruit	• lemon muffin/ fruit • plain bagel/ cream cheese/ fruit	• cinnamon raisin bagel/ cream cheese/ grape jelly/ fruit • orange juice available
14	15	16	17	18
• string cheese/ cinnamon grahams/ fruit • cinnamon chex/ string cheese • orange juice available	• egg & sausage quesadilla/ fruit • blueberry muffin/ fruit	• turkey egg & cheese brekwich/ fruit • mini lemon muffin/ string cheese/ fruit	• plain bagel/ cream cheese/ fruit • zee zee berry apple crisp bar/ fruit	• yogurt/ honey grahams/ fruit • french toast muffin. Fruit • orange juice available
21	22	23	24	25
• No school	• zac omega bar strawberry/ fruit • string cheese/ cinnamon grahams/ fruit	• mini cheese omelet / french toast stick/ fruit • blueberry bagel/ cream cheese/ fruit • orange juice available	• yogurt/ granola/ fruit • corn chex/ mini dipper doodle bar/ fruit	• pancakes/ syrup/ fruit • blueberry muffin/ fruit
28	29	30	31	
• zee zee berry apple crisp bar/ fruit • multigrain cheerios / giant cinnamon goldfish grahams/ fruit • orange juice available	• blueberry bagel/ cream cheese/ fruit • lemon muffin/ fruit	• chicken sausage & cheddar bagel/ fruit • yogurt/ granola/ fruit	• french toast sticks/ fruit • banana muffin/ fruit	

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

JANUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2	3	4
		• No school	• chicken bites • mighty meaty deli combo sandwich ○ green peas	• baked mac & cheese/ chicken sausage • cheese pizza ○ broccoli w/ ranch
7	8	9	10	11
• hot dog (df) ○ glazed carrots	• spicy popcorn chicken sandwich ○ steamed corn	• rainbow veggie pizza (vg) ○ seasoned garbanzo beans/ grape tomatoes	• creamy chicken alfredo • mighty meaty deli combo sandwich ○ cucumber tomato salad	• flamed broiled cheeseburger ○ chopped lettuce/ sliced tomatoes w/ ranch
14	15	16	17	18
• Pizza burger bagel melt ○ baby carrots	• cheesy pizza bite (vg) ○ broccoli w/ ranch	• firecracker chicken w/ sesame noodles ○ edamame/ baby carrots	• chili citrus drumstick w/ rice (df) ○ coleslaw	• crispy chicken sandwich (df) ○ chili citrus corn
21	22	23	24	25
• No school	• hot dog (df) ○ baby carrots w/ ranch	• chicken bites ○ mashed potatoes	• pepper jack cheeseburger ○ baby carrots/ garbanzo beans	• (cheese pizza (vg) ○ broccoli
28	29	30	31	
• buffalo chicken crunchadilla ○ baby carrots	• breakfast for lunch: pancakes w/ sausage • seasoned green beans	• *NEW* orange chicken (df) ○ broccoli w/ ranch	• spicy chicken chorizo & cheese eggel sandwich ○ grape tomatoes/ three bean salad	

HAPPY NEW YEAR!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day

JANUARY NSLP SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2 • No School	3 • honey grahams/ fruit	4 • hot & spicy cheddar goldfish/ fruit
7 • string cheese/ fruit	8 • zac bar strawberry/ fruit	9 • educational snacks/ fruit	10 • yogurt/ fruit	11 • honey grahams/ fruit
14 • hot & spicy cheddar goldfish/ fruit	15 • educational snacks/ fruit	16 • cinnamon grahams / fruit	17 • goldfish colors crackers/ fruit	18 • string cheese/ fruit
21 • No school	22 • educational snacks /fruit	23 • cinnamon grahams/ fruit	24 • goldfish pretzels/fruit	25 • hot & spicy cheddar goldfish/ fruit
28 • cinnamon rumbles/ fruit	29 • yogurt/ fruit	30 • honey grahams/ fruit	31 • educational snacks/ fruit	

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our *new* website at revolutionfoods.com

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.

JANUARY HOT & COLD BREAKFAST

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	NEW YEAR'S DAY! 1	2 • No School	3 • french toast sticks/ fruit • plain bagel/ cream cheese/ fruit • zee zee berry apple crisp bar fruit	4 • yogurt / educational snacks/ fruit • string cheese/ cinnamon grahams/ fruit • orange juice available
7 • corn chex/ educational snacks/ fruit • zee zee cinnamon crisp bar/ fruit • orange juice available	8 • breakfast enchilada scramble w/ scoops/ fruit • blueberry bagel/ cream cheese/ fruit • banana muffin/ fruit	9 • pancake bowl strawberry • yogurt/ granola/ fruit • string cheese/ cinnamon grahams/ fruit	10 • cheddar cheese & omelet flatbread/ fruit • lemon muffin/ fruit • plain bagel/ cream cheese/ fruit	11 • cinnamon raisin bagel/ cream cheese/ grape jelly/ fruit • zee zee berry apple crisp bar/ fruit • orange juice available
14 • string cheese/ cinnamon grahams/ fruit • cinnamon chex/ • orange juice available	15 • egg & sausage quesadilla/ fruit • blueberry muffin/ fruit • zee zee cinnamon crisp bar/ fruit	16 • turkey egg & cheese brekwich/ fruit • yogurt/ cinnamon grahams/ fruit • mini lemon muffin/ string cheese/ fruit	17 • plain bagel/ cream cheese/ fruit • zee zee berry apple crisp bar/ fruit	18 • yogurt/ honey grahams/ fruit • french toast muffin/ fruit • orange juice available
21 • No school	22 • zac omega bar strawberry/ fruit • string cheese/ cinnamon grahams/ fruit	23 • mini cheese omelet / french toast stick/ fruit • blueberry bagel/ cream cheese/ fruit • banana muffin/ fruit • orange juice available	24 • pepper jack cheese & omelet flatbread/ fruit • yogurt/ granola/ fruit • corn chex/ mini dipper doodle bar/ fruit	25 • pancakes/ syrup/ fruit • plain bagel/ cream cheese/ fruit • blueberry muffin/ fruit
28 • zee zee berry apple crisp bar/ fruit • multigrain cheerios / giant cinnamon goldfish grahams/ fruit • orange juice available	29 • egg & cheese breakfast burrito / fruit • blueberry bagel/ cream cheese/ fruit • lemon muffin/ fruit	30 • chicken sausage & cheddar bagel/ fruit • yogurt/ granola/ fruit • zee zee cinnamon crisp bar/ fruit	31 • french toast sticks/ fruit • plain bagel / cream cheese/ fruit • banana muffin/ fruit	

DID YOU KNOW?

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Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

JANUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY! 1</p> <p>2</p> <ul style="list-style-type: none"> No School 	<p>3</p> <ul style="list-style-type: none"> chicken bites cheddar cheese sandwich (vg) mighty meaty deli combo sandwich green peas 	<p>4</p> <ul style="list-style-type: none"> baked mac & cheese/ chicken sausage five cheese lasagna (vg) garden ranch salad w/ chicken broccoli w/ ranch 	
<p>7</p> <ul style="list-style-type: none"> hearty veggie chili w/cornbread (vg) hot dog (df) turkey & cheddar sandwich glazed carrots 	<p>8</p> <ul style="list-style-type: none"> spaghetti marinara w/ mozzarella (vg) spicy popcorn chicken sandwich cheddar cheese sandwich (vg) steamed corn 	<p>9</p> <ul style="list-style-type: none"> breakfast for lunch : pancakes w/ omelet (vg) rainbow veggie pizza (vg) seasoned garbanzo beans/ grape tomatoes 	<p>10</p> <ul style="list-style-type: none"> bbq beef flatbread kit creamy chicken alfredo mighty meaty deli combo sandwich southwest veggie wrap (vg) cucumber tomato salad 	<p>11</p> <ul style="list-style-type: none"> flamed broiled cheeseburger cheese pizza (vg) chopped lettuce/ sliced tomatoes w/ ranch
<p>14</p> <ul style="list-style-type: none"> Pizza burger bagel melt baked mac & cheese w/ chicken bites cheddar cheese sandwich (vg) baby carrots 	<p>15</p> <ul style="list-style-type: none"> wicked big fish sandwich (df) cheesy pizza bite (vg) veggie taco salad (vg) broccoli w/ ranch 	<p>16</p> <ul style="list-style-type: none"> firecracker chicken w/ sesame noodles sunbutter & jelly sandwich (vg) bbq chicken wrap edamame/ baby carrots 	<p>17</p> <ul style="list-style-type: none"> chili citrus drumstick w/ rice (df) cheesy ravioli (vg) mighty meaty deli combo sandwich coleslaw 	<p>18</p> <ul style="list-style-type: none"> cheese pizza (vg) crispy chicken sandwich (df) chili citrus corn
<p>21</p> <ul style="list-style-type: none"> No school 	<p>22</p> <ul style="list-style-type: none"> hot dog (df) philly cheesesteak calzoni (vg) turkey & cheddar sandwich baby carrots w/ ranch 	<p>23</p> <ul style="list-style-type: none"> chicken bites bbq beef flatbread melt cheddar cheese sandwich (vg) mashed potatoes 	<p>24</p> <ul style="list-style-type: none"> chicken gumbo w/cornbread pepper jack cheeseburger sunbutter & jelly sandwich (vg) baby carrots/ garbanzo beans 	<p>25</p> <ul style="list-style-type: none"> (hot) meatball sub sweet garlic noodles w/ chicken cheese pizza (vg) broccoli
<p>28</p> <ul style="list-style-type: none"> rainbow veggie pizza (vg) buffalo chicken crunchadilla baby carrots 	<p>29</p> <ul style="list-style-type: none"> breakfast for lunch: pancakes w/ sausage rancho chicken burrito bowl seasoned green beans 	<p>30</p> <ul style="list-style-type: none"> *NEW* orange chicken (df) hot dog (df) turkey & cheddar sandwich southwest veggie wrap (vg) broccoli w/ ranch 	<p>31</p> <ul style="list-style-type: none"> creamy chicken alfredo spicy chicken chorizo & cheese eggel sandwich veggie chef salad (vg) grape tomatoes/ three bean salad 	

HAPPY NEW YEAR!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o **Vegetable** of the day

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7 • string cheese/ fruit	8 • cheddar goldfish/fruit	9 • educational snacks/ fruit	10 • yogurt/ fruit	11 • honey grahams/ fruit
14 • hot & spicy cheddar goldfish/ fruit	15 • educational snacks/ fruit	16 • cinnamon grahams / fruit	17 • goldfish colors crackers/ fruit	18 • string cheese/ fruit
21 • No school	22 • educational snacks /fruit	23 • cinnamon grahams/ fruit	24 • goldfish pretzels/fruit	25 • hot & spicy cheddar goldfish/ fruit
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7 • corn chex/ educational snacks/ fruit • zee zee cinnamon crisp bar/ fruit • orange juice available	8 • breakfast enchilada scramble w/ scoops/ fruit • blueberry bagel/ cream cheese/ fruit • banana muffin/ fruit	9 • pancake bowl strawberry • yogurt/ granola/ fruit • string cheese/ cinnamon grahams/ fruit	10 • cheddar cheese & omelet flatbread/ fruit • lemon muffin/ fruit • plain bagel/ cream cheese/ fruit	11 • cinnamon raisin bagel/ cream cheese/ grape jelly/ fruit • zee zee berry apple crisp bar/ fruit • orange juice available
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7 • string cheese/ fruit	8 • strawberry cereal bar/fruit	9 • educational snacks/ fruit	10 • yogurt/ fruit	11 • honey grahams/ fruit
14 • hot & spicy cheddar goldfish/ fruit	15 • educational snacks/ fruit	16 • cinnamon grahams / fruit	17 • goldfish colors crackers/ fruit	18 • string cheese/ fruit
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