MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				apple muffin/ fruit yogurt/ honey grahams/fruit orange juice available	NATIONAL SCHOOL BREAKFAST WEEK IS MARCH 4-8
 cinnamon chex/ fruit zee zee berry apple crisp bar / fruit orange juice available 	• HOT cornbread & scrambled egg & sausage/ fruit (NEW) • mini french toast muffin/ string cheese/ fruit	HOT sausage & cheddar biscuit/ fruit (NEW) lemon muffin/ fruit	HOT rise & shine breakfast burrito (egg & cheese)/ fruit blueberry bagel/ cream cheese/ fruit	HOT french toast sticks/ fruit yogurt/ granola/ fruit orange juice available	Check out our n featured items:
 yogurt/ cinnamon grahams/ fruit zac strawberry bar/ fruit orange juice available 	12 • HOT apple breakfast bowl (NEW) • blueberry bagel/ cream cheese/ fruit	 HOT pepper jack cheese omelet flatbread/ fruit cinnamon crumble/ fruit 	1 4 • HOT classic egg & cheese brekwich/ fruit • plain bagel/ cream cheese/ fruit	 HOT pancakes w/ syrup/ fruit yogurt/ granola/ fruit orange juice available 	combo Biscuit breakfast sandwich Apple breakfast bo
 yogurt/ honey grahams/ fruit corn chex/ giant cinnamon goldfish grahams/ fruit orange juice available 	19 • HOT french toast sticks/ fruit • plain bagel/ cream cheese/ fruit	 HOT classic chicken sausage & cheddar bagel/ fruit blueberry muffin/ fruit string cheese/ cinnamon 	• HOT egg & sausage quesadilla/ fruit • yogurt/ granola/ fruit	• HOT cheddar cheese • omelet flatbread/ fruit • cinnamon chex/ educational snacks/ fruit • orange juice available	2019
 cheerios/ animal crackers/ fruit yogurt/ cinnamon grahams/ fruit orange juice available 	26 • HOT pancakes/ syrup/ fruit • blueberry bagel/ cream cheese/ fruit	HOT classic egg & cheese brekwich/ fruit corn chex/ giant cinnamon goldfish grahams/ fruit	HOT mini cheese omelet w/ french toast stick/ fruit plain bagel/ cream cheese/ fruit	 29 yogurt/ honey grahams/ fruit lemon muffin/ fruit orange juice available 	Breakfast: choice of 1% or fat-free milk; fresh fruit served daily excep when fruit juice is offered.

eck out our new atured items:

- Cinnamon Chex cereal
- Cornbread breakfast combo
- Biscuit breakfast sandwich
- Apple breakfast bowl



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				cheese pizza (v) steamed carrots
4	5	6	7	8
pepper jack cheeseburger glazed carrots	classic spaghetti & meatballs (df) sliced cucumbers	baked mac & cheese & chicken bites garbanzo beans, edamame & shredded carrots	cheesy ravioli (v) seasoned carrots, corn & peas	pepperoni pizza chopped lettuce/ sliced tomatoes w/ ranch
11	12	13	14	15
chicken bites chili citrus corn	flame broiled beef cheeseburger coleslaw	fiesta scoops w/ three layer dip (v) broccoli w/ ranch	kickin chicken melt sandwich black bean & diced tomatoes	cheese pizza (v) baby carrots
18	19	20	21	22
spicy chicken chorizo & cheese eggwich glazed carrots	crispy chicken sandwich (df) three bean salad/ grape tomatoes	baked mac & cheese & bbq chicken broccoli w/ ranch	• hot dog (df) o coleslaw	breakfast for lunch: pancakes w/ omelet (v) seasoned carrot, corn & peas
25	26	27	28	29
hearty veggie chili (v) baby carrots w/ ranch	sweet garlic noodles w/ chicken broccoli	kickin chicken melt sandwich green beans	philly cheesesteak sandwich steamed corn	flame broiled beef cheeseburger black beans, edamame, corn & diced carrots



Harvest of the Month!

Colorful Cauliflower!

- -Cauliflower can be GREEN, YELLOW, PURPLE or WHITE
- -Cauliflower is a relative of Kale
- -Cauliflower can eaten raw, roasted, grilled, steamed, or mashed!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available

Vegetable of the day

upon request.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				hot & spicy goldfish/ fruit
4	5	6	7	8
string cheese/ fruit	cinnamon grahams/ fruit	animal crackers/ string cheese	goldfish colors crackers/ fruit	honey grahams/ fruit
11	12	13	14	15
animal crackers/ fruit	goldfish pretzels/ fruit	honey grahams/ fruit	goldfish pretzels/ string cheese	rf honey wheat crackers/ string cheese
18	19	20	21	22
animal crackers/ string cheese/	goldfish cheddar crackers/ fruit	honey grahams/ fruit educational snacks/ fruit	goldfish pretzels/ juice	cinnamon grahams/ fruit
25	26	27	28	29
goldfish colors crackers/ fruit	cinnamon grahams/ fruit	goldfish pretzels/ fruit	animal crackers/ fruit	hot & spicy goldfish / fruit

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our website at revolutionfoods.com

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				apple muffin/ fruit yogurt/ honey grahams/fruit orange juice available
 cinnamon chex/ fruit zee zee berry apple crisp bar / fruit orange juice available 	• HOT cornbread & scrambled egg & sausage/ fruit (NEW) • mini french toast muffin/ string cheese/ fruit • plain bagel w/ cream cheese fruit	HOT sausage & cheddar biscuit/ fruit (NEW) yogurt/ honey grahams/ fruit lemon muffin/ fruit	HOT rise & shine breakfast burrito (egg & cheese)/ fruit blueberry bagel/ cream cheese/ fruit string cheese/ cinnamon grahams/ fruit	HOT french toast sticks/ fruit yogurt/ granola/ fruit zee zee cinnamon crisp bar/ fruit orange juice available
 yogurt/ cinnamon grahams/ fruit zac strawberry bar/ fruit orange juice available 	12 • HOT apple breakfast bowl (NEW) • blueberry bagel/ cream cheese/ fruit • apple muffin/ fruit	 HOT pepper jack cheese omelet flatbread/ fruit cinnamon crumble/ fruit zee zee berry apple crisp bar fruit 	1 4 • HOT classic egg & cheese brekwich/ fruit • plain bagel/ cream cheese/ fruit • banana muffin/ fruit	 HOT pancakes w/ syrup/ fruit zee zee cinnamon crisp bar/ fruit yogurt/ granola/ fruit orange juice available
 yogurt/ honey grahams/ fruit corn chex/ giant cinnamon goldfish grahams/ fruit orange juice available 	 HOT french toast sticks/ fruit plain bagel/ cream cheese/ fruit zee zee cinnamon crisp bar/ fruit 	HOT classic chicken sausage & cheddar bagel/ fruit blueberry muffin/ fruit string cheese/ cinnamon grahams / fruit	• HOT egg & sausage quesadilla/ fruit • yogurt/ granola/ fruit	• HOT cheddar cheese & omelet flatbread/ fruit • cinnamon chex/ educational snacks/ fruit • zee zee berry apple crisp bar/ fruit • orange juice available
25 • cheerios/ animal crackers/ fruit • yogurt/ cinnamon grahams/ fruit • orange juice available	26 • HOT pancakes/ syrup/ fruit • blueberry bagel/ cream cheese/ fruit • zac blackberry bar/ fruit	HOT classic egg & cheese brekwich/ fruit zee zee berry apple crisp bar/ fruit corn chex/ giant cinnamon	HOT mini cheese omelet w/ french toast stick/ fruit plain bagel/ cream cheese/ fruit string cheese/ cinnamon grahams/ fruit	 yogurt/ honey grahams/ fruit lemon muffin/ fruit orange juice available

goldfish grahams/ fruit

NATIONAL SCHOOL BREAKFAST WEEK IS MARCH 4-8!

Check out our new featured items:

- o Cinnamon Chex cereal
- o Cornbread breakfast combo
- Biscuit breakfast sandwich
- o Apple breakfast bowl



Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					chicken potstickers w/ not -so-fried rice cheese pizza (v) steamed carrots
)	 pepper jack cheeseburger mama's tamale green chile & cheese (v) turkey melt glazed carrots 	 classic spaghetti & meatballs (df) spicy popcorn chicken sandwich grilled cheese (v) sliced cucumbers 	baked mac & cheese & chicken bites veggie taco salad (v) sesame chicken wrap (df) garbanzo beans, edamame & shredded carrots	cheesy ravioli (v) cheesy chicken quesadilla deli melt seasoned carrots, corn & peas	• pepperoni pizza • hot dog (df) • cheese pizza (v) • chopped lettuce/ sliced tomatoes w/ ranch
) 	 chicken bites creamy pasta alfredo (v) grilled cheese (v) chili citrus corn 	 flame broiled beef cheeseburger sunbutter & jelly sandwich (v) bbq chicken wrap coleslaw 	 orange grilled chicken w/ not-so-fried rice (df) fiesta scoops w/ three layer dip (v) veggie taco salad (v) broccoli w/ ranch 	 kickin chicken melt sandwich deli melt southwest veggie wrap (v) black bean & diced tomatoes 	• hot meatball sub • five cheese lasagna (v) • cheese pizza (v) • baby carrots
 	 bbq beef flatbread melt spicy chicken chorizo & cheese eggwich hummus dippers (v) glazed carrots 	 cheesy beef & salsa nacho dip w/ scoops crispy chicken sandwich (df) veggie taco salad (v) three bean salad/ grape tomatoes 	 baked mac & cheese & bbq chicken bean & cheese quesadilla (v) grilled chesse (v) broccoli w/ ranch 	• flame broiled beef cheeseburger • hot dog (df) • southwest veggie wrap (v) • coleslaw	• veggie pizza (v) • breakfast for lunch: pancakes w/ omelet (v) • seasoned carrot, corn & peas
	 hearty veggie chili (v) turkey & cheddar sandwich sunbutter & jelly sandwich (v) baby carrots w/ ranch 	26 • five cheese lasagna (v) • sweet garlic noodles w/ chicken • broccoli	 cheesy ravioli (v) kickin chicken melt sandwich deli melt green beans 	28 • chicken bites • philly cheesesteak sandwich • grilled cheese (v) • steamed corn	• flame broiled beef cheeseburger • cheesy pizza bite (v) • black beans, edamame, corn & diced carrots



Harvest of the Month!

Colorful Cauliflower!

- -Cauliflower can be GREEN, YELLOW, PURPLE or WHITE
- -Cauliflower is a relative of Kale
- -Cauliflower can eaten raw, roasted, grilled, steamed, or mashed!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V)

options available daily – if not listed on the menu, available upon request.

Vegetable of the day

SNACK MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				hot & spicy goldfish/ fruit
4	5	6	7	8
string cheese/ fruit	cinnamon grahams/ fruit	animal crackers/ string cheese	goldfish colors crackers/ fruit	honey grahams/ fruit
11	12	13	14	15
animal crackers/ fruit	goldfish pretzels/ fruit	honey grahams/ fruit	goldfish pretzels/ string cheese	rf honey wheat crackers/ string cheese
18	19	20	21	22
animal crackers/ string cheese/	goldfish cheddar crackers/ fruit	honey grahams/ fruit educational snacks/ fruit	goldfish pretzels/ juice	cinnamon grahams/ fruit
25	26	27	28	29
goldfish colors crackers/ fruit	cinnamon grahams/ fruit	goldfish pretzels/ fruit	animal crackers/ fruit	hot & spicy goldfish / fruit

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our website at revolutionfoods.com

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				apple muffin/fruit yogurt/ honey grahams/fruit orange juice available
cinnamon chex/ fruit zee zee berry apple crisp bar / fruit orange juice available	• HOT cornbread & scrambled egg & sausage/ fruit (NEW) • mini french toast muffin/ string cheese/ fruit • plain bagel w/ cream cheese fruit	HOT sausage & cheddar biscuit/ fruit (NEW) yogurt/ honey grahams/ fruit lemon muffin/ fruit	7 • HOT rise & shine breakfast burrito (egg & cheese)/ fruit • blueberry bagel/ cream cheese/ fruit • string cheese/ cinnamon grahams/ fruit	HOT french toast sticks/ fruit yogurt/ granola/ fruit zee zee cinnamon crisp bar/ fruit orange juice available
 yogurt/ cinnamon grahams/ fruit zac strawberry bar/ fruit orange juice available 	12 • HOT apple breakfast bowl (NEW) • blueberry bagel/ cream cheese/ fruit • apple muffin/ fruit	 HOT pepper jack cheese omelet flatbread/ fruit cinnamon crumble/ fruit zee zee berry apple crisp bar fruit 	1 4 • HOT classic egg & cheese brekwich/ fruit • plain bagel/ cream cheese/ fruit • banana muffin/ fruit	• HOT pancakes w/ syrup/ fruit • zee zee cinnamon crisp bar/ fruit • yogurt/ granola/ fruit • orange juice available
 yogurt/ honey grahams/ fruit corn chex/ giant cinnamon goldfish grahams/ fruit orange juice available 	 HOT french toast sticks/ fruit plain bagel/ cream cheese/ fruit zee zee cinnamon crisp bar/ fruit 	HOT classic chicken sausage & cheddar bagel/ fruit blueberry muffin/ fruit string cheese/ cinnamon grahams / fruit	• HOT egg & sausage quesadilla/ fruit • yogurt/ granola/ fruit	• HOT cheddar cheese & omelet flatbread/ fruit • cinnamon chex/ educational snacks/ fruit • zee zee berry apple crisp bar/ fruit • orange juice available
 25 cheerios/ animal crackers/ fruit yogurt/ cinnamon grahams/ fruit orange juice available 	26 • HOT pancakes/ syrup/ fruit • blueberry bagel/ cream cheese/ fruit • zac blackberry bar/ fruit	HOT classic egg & cheese brekwich/ fruit zee zee berry apple crisp bar/ fruit corn chex/ giant cinnamon	HOT mini cheese omelet w/ french toast stick/ fruit plain bagel/ cream cheese/ fruit string cheese/ cinnamon grahams/ fruit	29 • yogurt/ honey grahams/ fruit • lemon muffin/ fruit • orange juice available

goldfish grahams/ fruit

NATIONAL **SCHOOL BREAKFAST WEEK IS** MARCH 4-8!

Check out our new featured items:

- o Cinnamon Chex cereal
- o Cornbread breakfast combo
- Biscuit breakfast sandwich
- o Apple breakfast bowl



Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				chicken potstickers w/ not - so-fried rice cheese pizza (v) steamed carrots
 pepper jack cheeseburger mama's tamale green chile & cheese (v) turkey melt glazed carrots 	5 • classic spaghetti & meatballs (df) • spicy popcorn chicken sandwich • grilled cheese (v) • sliced cucumbers	baked mac & cheese & chicken bites veggie taco salad (v) sesame chicken wrap (df) garbanzo beans, edamame & shredded carrots	cheesy ravioli (v) cheesy chicken quesadilla deli melt seasoned carrots, corn & peas	• pepperoni pizza • hot dog (df) • cheese pizza (v) • chopped lettuce/ sliced tomatoes w/ ranch
• chicken bites • creamy pasta alfredo (v) • grilled cheese (v) • chili citrus corn	12 • flame broiled beef cheeseburger • sunbutter & jelly sandwich (v) • bbq chicken wrap • coleslaw	 orange grilled chicken w/ not-so-fried rice (df) fiesta scoops w/ three layer dip (v) veggie taco salad (v) broccoli w/ ranch 	 kickin chicken melt sandwich deli melt southwest veggie wrap (v) black bean & diced tomatoes 	 hot meatball sub five cheese lasagna (v) cheese pizza (v) baby carrots
 bbq beef flatbread melt spicy chicken chorizo & cheese eggwich hummus dippers (v) glazed carrots 	19 • cheesy beef & salsa nacho dip w/ scoops • crispy chicken sandwich (df) • veggie taco salad (v) • three bean salad/ grape tomatoes	20 • baked mac & cheese & bbq chicken • bean & cheese quesadilla (v) • grilled chesse (v) • broccoli w/ ranch	21 • flame broiled beef cheeseburger • hot dog (df) • southwest veggie wrap (v) • coleslaw	• veggie pizza (v) • breakfast for lunch: pancakes w/ omelet (v) • seasoned carrot, corn & peas
 hearty veggie chili (v) turkey & cheddar sandwich sunbutter & jelly sandwich (v) baby carrots w/ ranch 	• five cheese lasagna (v) • sweet garlic noodles w/ chicken • broccoli	27 • cheesy ravioli (v) • kickin chicken melt sandwich • deli melt • green beans	28 • chicken bites • philly cheesesteak sandwich • grilled cheese (v) • steamed corn	• flame broiled beef cheeseburger • cheesy pizza bite (v) • black beans, edamame, corn & diced carrots



Harvest of the Month!

Colorful Cauliflower!

- -Cauliflower can be GREEN, YELLOW, PURPLE or WHITE
- -Cauliflower is a relative of Kale
- -Cauliflower can eaten raw, roasted, grilled, steamed, or mashed!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V)

options available daily – if not listed on the menu, available upon request.

Vegetable of the day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				hot & spicy goldfish/ fruit
4	5	6	7	8
string cheese/ fruit	cinnamon grahams/ fruit	animal crackers/ string cheese	goldfish colors crackers/ fruit	honey grahams/ fruit
11	12	13	14	15
animal crackers/ fruit	• goldfish pretzels/ fruit	honey grahams/ fruit	goldfish pretzels/ string cheese	rf honey wheat crackers/ string cheese
18	19	20	21	22
animal crackers/ string cheese/	goldfish cheddar crackers/ fruit	honey grahams/ fruit educational snacks/ fruit	goldfish pretzels/ juice	cinnamon grahams/ fruit
25	26	27	28	29
goldfish colors crackers/ fruit	cinnamon grahams/ fruit	goldfish pretzels/ fruit	animal crackers/ fruit	hot & spicy goldfish / fruit

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our website at revolutionfoods.com

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.