

B	I	N	G	O
<p>Drake Dance Challenge</p> <p>Tootsie Slide</p> <p>Shiggy Challenge</p> <p>Hotline Bing</p>	<p>Science Experiments: Tornado in a Jar</p> <ol style="list-style-type: none"> 1. Fill the jar 3/4 full of water. 2. Put in one teaspoon of vinegar and one teaspoon of dish soap. 3. Sprinkle in a small amount of glitter. 4. Close the lid and twist the jar to swirl the water and see a vortex like a tornado form in the center of the jar. 	<p>What's different drawing</p> <p>Draw a picture</p> <p>Write the directions on how to draw the picture. Give the Directions to a family member (without seeing your drawing) have them draw the picture and see how</p>	<p>Your Best Impressions</p> <p>Try mimicking anyone from school, teachers or students.</p> <p>Send us a Video</p>	<p>Heads up!</p> <p>Heads up. Create your own game of Heads up by writing different animals, actions, people etc. on index cards or paper. Grab one, hold it to your forehead and have someone act out to see who can guess the most correctly.</p>
<p><u>Join Mr. Albuquerque's Online Gym Class</u></p>	<p>Lit Playlist</p> <p>Make a playlist of your favorite songs and send us a video of you vibing to the music</p>	<p>Line Dance</p> <p>Try learning if you don't already know a line dance...</p> <p>Cha Cha Slide Cupid Shuffle Wobble</p> <p>Have your Family Join and send us a video !</p>	<p><u>Origami</u></p> <p>Try making an origami</p>	<p>Words Within Words</p> <p>How many words can you spell out of EMBARQUEMENT?</p> <p>Show your work.</p>

<p>Chopped Junior</p> <p>Have a family member choose 5 random ingredients and try making a snack out of it</p>	<p>Make your own Lava Lamp</p> <p>What You Do:</p> <ol style="list-style-type: none"> 1. Fill the bottle most of the way with vegetable oil. 2. Fill the rest of the bottle with water. ... 3. Add a few drops of food coloring; your choice of color. 4. Break an alka-seltzer tablet into a few small pieces and drop them in the bottle one at a time. 5. Watch your lava lamp erupt into activity! 	<p>Student Choice Challenge</p> <p>Students create an activity! Perform the activity! Share it with the After School Club!</p>	<p>Card Games</p> <p>Grab a family member and play games such as Go Fish, UNO, Poker, WAR, Old Maid.</p> <p>Let us know which one you liked best, and who the champion was!</p>	<p>7 Second Challenge</p> <p>Choose a task and try doing it in 7 seconds</p> <p>Bite your tongue and say the alphabet</p> <p>Take a hoodie off and try putting it back on inside out</p>
<p>Take a Picture</p> <p>Try Capturing the sun setting</p>	<p>Bust a Rhythm</p> <p>Try your best to come up with a rap about School</p>	<p>Sweet 16</p> <p>16 jumping jacks</p> <p>16 burpees</p> <p>16 vertical jumps (as high as you can)</p> <p>16 frog jumps</p> <p>16 push ups</p> <p>16 sit-ups</p> <p>16 squats</p> <p>Please videotape if possible</p>	<p>LIMBO</p> <p>Have a Limbo contest with your family. The loser has to do a load of laundry.</p> <p>Take a picture or video and share with the ASC.</p>	<p>Take a Virtual Vacation</p> <p>Check out one of the following and let us know what you thought, and why you picked it.</p> <p>Tómese unas vacaciones virtuales</p> <p>Vea uno de los siguientes y díganos qué pensó y por qué lo eligió.</p> <p>https://www.tasteofhome.com/article/free-virtual-tours/</p>

Create a Picasso Style Self Portrait



Homemade Ice Cream

INGREDIENTS:

- 1/2 cup whole milk
- 1/2 cup cream
- 1/4 cup sugar
- 1/2 teaspoon vanilla extract
- 1 cup rock salt / or regular salt
- Ice

INSTRUCTIONS:

1. Add 1/2 cup whole milk, 1/2 cup cream, 1/4 cup sugar, and 1/2 teaspoon vanilla extract to a mixing cup and stir until well combined.
2. Add the mixture to a small zipper bag. Now, this is very important. I am not going to advocate any sorta brand here but you definitely want a quality bag. You are going to shake the hell out of this for 5 minutes and, well, if the bag breaks open, it's totally going to suck.
3. Now to create the ice cream maker. You just need another zipper bag, one that is much larger than the bag with your ice cream mix in it. And you want to fill that bag with a couple handfuls of ice and about half of the rock salt. The same applies here... you want a quality bag that isn't going to blow up.
4. Now place the smaller bag inside the larger bag. Cover it with more ice and rock salt.
5. Now the fun part! And, what better way to earn your ice cream than a few minutes of exercise. Wrap the bag in a towel, because it is freaking cold, and shake it for 5 minutes or until the liquid in the smaller bag turns into ice cream.
6. You can scoop it out but honestly, just eat it out of the bag. It is easier.

ENJOY!

Old School Games

Play a old school game with your family

Simon says

Mother May I

Red Light Green Light

Mindfulness

Find a quiet place

Take some deep breaths and write down three positive things going on in your life

Parent/Caregiver Appreciation

Cook a meal or do something unexpected to thank them during this difficult time!

Let us know what you did and how it went!

Apresiasi de los padres / cuidadores

¡Cocine una comida o haga algo inesperado para agradecerles durante este momento difícil!

¡Cuéntanos qué hiciste y cómo te fue!